

# McClatchy Medical Center

## What You Need to Know about ...

### Stroke or TIA

#### What is the Rule?

49 CFR Part 391.41 (b)(8) states that to be qualified, a driver must have no established medical history or clinical diagnosis of epilepsy or any other condition which is likely to cause loss of consciousness or any loss of ability to control a motor vehicle.

#### What are your responsibilities?

Before going to a DOT exam you need to gather the information required by the DOT in able to be certified on that visit. If you do not have the required information then you risk not being able to be certified on that visit and it may take you off the road until the information is gathered or prevent you from being hired.

#### What is required?

The DOT Conference on Neurological Disorders and Commercial Drivers recommends the following:

- A. One (1) year after TIA or stroke with no recurrence, and;
- B. No medications likely to interfere with safe operation of CMV, and;
- C. Careful neurological evaluation revealing no defect that would adversely affect the ability to operate a CMV safely.

#### What you need to bring to the DOT exam?

You must go to your personal physician with this information and have him write a letter showing compliance with the above regulations. Many drivers will go to their family doctor to have these tests performed but they must be performed prior to the examination date or you cannot complete the examination.